



Little Cerato

Ceratostigma minus
Plumbaginaceae

Higher Self Connection

Pronunciation:

sur-at-oh

Indication:

Little Cerato Flower Essence is useful whenever you feel alone and disconnected from your higher self or angelic support. It helps you connect to guidance so higher thought can be accessed while remaining grounded.

Keywords:

Clarity, Connection, Grounding, Higher Self, Life Purpose, Spiritual Growth



Message from Little Cerato Flower Essence:

Seek our vibration at any time you feel alone and disconnected, any time you feel a lack of connection to your higher self. We can assist you in piercing the haze that your life on this plane can create and restore your ability to connect consciously to your soul.

Our ability is to assist in the parting of the veil, to enable you to connect to spirit and guidance in order to better fulfill your highest mission on this plane. The veil has a purpose and is part of the setup, but once you give permission and intent to open to the greater part of yourself, this is in your best interest. Spirit may not open this door, it must come from you. Our energies can enable a better connection for you.

Our form demonstrates the ability to be grounded, yet open to higher realms. The focus of the form is so that higher thought may be accessed – but with proper rooting and foundation.

The message we provide for you today is one of unity. Unity with your higher self and true full soul connection. For in your split with Source (in order to incarnate) you agree to release your knowing of your true nature. This insomnia is the driver for many of your experiences on this plane, which serve to benefit the whole. Through growth, and yes, associated pain and discomfort, you create great healing for all. Each obstacle, each challenge you surmount (accept, embrace, forgive and on and on) you gift the collective. The illusion of separation is so great you never realize that what you accomplish in your life reverberates to all beings.